*Menu week 4*

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| A red text on a black background  Description automatically generated with medium confidence | | *Monday* | *Tuesday* | *Wednesday* | *Thursday* | *Friday* |
| Breakfast- Selection of cereals, (porridge, Weetabix, Rice Krispies, cornflakes) and toast | | | | |
| Morning Snack- Fresh fruit, Rice cakes, Veggie sticks, Oatcakes, Crackers, Breadsticks. With water or milk. (Different daily) | | | | |
| *Lunch* | | | | |
| *Main* | | Sausage new potato, peas, sweetcorn, and gravy | Chicken and pea Korma and rice | Fish fingers potato wedges and baked beans | Beef lasagne with side salad | Potato broccoli and cauliflower bake |
| *Vegetarian* | | Meat free sausage new pots, peas,  sweetcorn and gravy. | Meat free chicken and pea korma and rice | vegetable fingers potato wedges and baked beans. | Meat free lasagne with side salad | Same as above |
| *Pudding* | | Satsumas | Banana cake | Pineapple sticks | Peach slices and Ice cream | Natural Yoghurt and mango puree |
| *Tea* | Warm pitta fingers, ham or cheese, hummus with veg batons. | | Crumpets with pepper and cucumber slices | Mixed sandwiches with Apple wedges | Crackers and cream cheese with fresh fruit slices | Cheese and ham muffin pizzas with cherry tomatoes. |
| Afternoon snack: Fresh fruit or Veggie sticks with water or milk. | | | | | | |